
GEORGINA MIGUEL ESPONDA

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Relevant Experience

London School of Hygiene and Tropical Medicine, London, UK – Epidemiology and Population Health
PhD Candidate, 2015-present

Assessment of the implementation determinants and their influence on outcomes of a programme for common mental disorders in primary health clinics in Chiapas, Mexico

Supervisors: Alex Cohen and Shoshana Berenson

Skills gained:

- Research project design
 - Designed and applied a protocol to systematically review literature related to determinants of implementation of mental health programmes
 - Designed a research protocol
 - Designed data collection forms
- Data collection management
 - Processed ethics applications at academic institutions and relevant local organisations
 - Planning and execution of participant recruitment and data collection (qualitative and quantitative)
 - Coordination of a team of research assistants
 - Extraction and organisation of data from the health information system in Access
 - Database management
- Data analysis
 - Use of STATA and SPSS to analyse quantitative data
 - Use of Nvivo11 to manage qualitative data for analysis
- Dissemination and communication of work
 - Oral presentation of work at an international seminar
 - Preparation of written reports for collaborating organisation
 - Development and supervision of website content
- Teaching
 - Led seminars for the Fundamentals for Global Mental Health and Social Epidemiology modules
 - Contributed to the development of a the Distance Learning Module on Fundamentals of Global Mental Health

Research Assistant, National Institute of Psychiatry *Ramon de la Fuente Muñiz*; Mexico City, Mexico –
2013-2015

Managing the Mexican arm of a multi-institutional binational study analysing the effects of parental deportation on the children of immigrants in the U.S.

Skills gained:

- Management of a research project
 - Planned and executed participant recruitment and data collection (qualitative and quantitative)
 - Coordinated a team of research assistants
- Training and supervision of staff and students

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- Trained and supervised a team of research assistants resulting in a higher quality of non-structured interviews
 - Supervised two summer students conducting data analyses
 - Communication with overseas collaborators
 - Reported to collaborators at other institutions
 - Communication with governmental institutions
 - Negotiated with institutions and community leaders to gain access
 - Design and execution of qualitative and quantitative data analyses
 - Designed and performed data analyses (qualitative and quantitative) using SPSS 20 and Nvivo 10
 - Data management
 - Built and maintained data-base
 - Synthesis of study findings
 - Prepared publications and presentations of study findings

Module Coordinator, Universidad Iberoamericana; Mexico City, Mexico — Summer 2014

Coordinator of an undergraduate module on mental health for psychology students.

Skills gained:

- Designing a university level course
 - Selected course content
 - Organised timetables
 - Selected and developed the evaluation method
- Teaching
 - Taught module contents via lectures and group activities

Academic Assistant, Universidad Iberoamericana; Mexico City, Mexico — 2011

- Assisted in the organisation of an international seminar.

Skills gained:

- Communication with academics and stakeholders
 - Collaborated in the selection of topics for the seminars and invited key speakers to participate
- Academic event organisation
 - Planned timetables, booked venues, collaborated in the planning of opening and closing ceremonies and publicised the event
- Oral presentation
 - Presented a health promotion intervention that I delivered in the Mexican Consulate in New York
- Training of students
 - Trained two cohorts of around ten students on skills to address immigrant populations

Education

King's College London/London School of Hygiene and Tropical Medicine, London, UK — MSc in Global Mental Health, 2012-2013

My degree focused on the development of mental health policies and programs in low- resource settings through research and research evaluation. It consisted of taught modules, practicals and group work. For my dissertation I assessed the impacts of social and economic marginalisation on mental health in Uganda.

Skills gained:

- Knowledge of current mental health priorities, challenges and research
 - Study design to conduct evaluations
 - Took modules on psychiatric research and epidemiology and a module on health care evaluation
 - Quantitative data analysis
 - Took module on statistical methods in epidemiology
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- Use of statistical software packages (STATA)
 - Use in practicals across two modules and in summer project
 - Literature searching and review
 - Took module on literature review including writing a review (awarded the highest grade)
 - Use of the Theory of Change framework to design mental health intervention packages and its evaluation
 - Performed a group practical using the framework for the packages of care for mental disorders module
 - Knowledge on how to design a plan to scale-up interventions and its evaluation
 - Took a module, including a practical on scaling-up packages of care

Universidad Iberoamericana, Mexico City, Mexico – Undergraduate degree in Psychology, 2007-2011

My degree included taught modules and placements (one every six months) where interventions were implemented.

Skills gained:

- Knowledge on mental disorders and their diagnosis
 - Attended lectures and practicals across several modules such as Dysfunctional Personality and Psychological Evaluation
 - Performed a psychological evaluation through semi-structured interviews and the application of psychological instruments on placement in juvenile prison
- Conduct brief psychological interventions
 - Attended lectures and practicals in modules such as Interviewing theory and technique
 - Conducted brief interventions in several placements with adolescents, immigrants, women who suffered physical and emotional violence, and children who had suffered severe skin burns
- Design and implementation of preventive interventions
 - Attended lectures and practicals for prevention techniques and strategies module
 - Delivered drug preventive interventions to adolescents on placement in secondary school

NBCC Mexico, Mexico City, Mexico – Mental Health Facilitator, 2010

This certification provides a group of skills to perform interventions during crisis by evaluating the crisis state, locating services and providing emotional help to those affected.

Funding or grants

Doctoral Research Scholarship from the Mexican Council for Science and Technology (2015-2018)

Small grant for public engagement from the London School of Hygiene and Tropical Medicine (2016)

Languages

Fluent in English and Spanish
